



# kids' meals

## Start Your Own Student Club

An estimated **100,000 preschool-aged children** in our community live unsure of their next meal. You can help! By creating a student club, you can support Kids' Meals mission to end childhood hunger.

### 1. Write your mission statement

**Use this one or adjust it for your club:**

We combat childhood hunger and food insecurity through hands-on service, raising awareness, and fundraising - supporting the mission of Kids' Meals and inspiring outreach to children in need locally and beyond.

### 2. Establish your leadership

- **President:** \_\_\_\_\_
- **Vice President:** \_\_\_\_\_
- **Faculty Sponsor:** \_\_\_\_\_

### 3. Set your meetings

- **Kickoff Meeting:** At the start of the school year to plan and vote on major projects.
- **Project Meetings:** 2-3 during the year to organize events.
- **Work Sessions:** Shorter, open meetings (3-4 per month) for planning, decorating bags, or prepping materials.



## 4. Choose your activities

### Collect Food

- Juice Box Challenge: Classes or grade levels compete to collect the most juice boxes, with prizes for winners.
- Fill the Box: A fall or winter challenge where homerooms compete to fill boxes with lunch items (snack, protein, fruit, drink).

### Fundraise

- Bake sales or snack stands at school events.
- Miles for Meals 5K: A run/walk with entry fees supporting Kids' Meals. Offer non-runner activities like bag decorating.

### Raise Awareness

- Bake sales or snack stands at school events
- Posters, displays, or announcements during Hunger Action Month or World Hunger Day.
- Invite guest speakers to share real stories about hunger in your community.

### Earn Community Service Hours

- Decorate Bags: Decorate lunch bags at school meetings or at home.
- Pack DIY Lunches: Use collected food items to assemble complete lunches for donation.
- Volunteer On-Site: Partner with Kids' Meals to serve directly at their headquarters.