

FREE, Healthy Meals Delivered to Your Home to Kids Under Age 6



Kids' Meals delivers free, healthy meals, year-round, M-F to the homes of children under age 6 who live within our 43 delivery zip codes. When school is out we include meals for older siblings. Receiving our meals will NOT impact any of your other benefits.

HOW TO SIGN UP (It's EASY!)

1. Do you have a child in the home under age 6? (If yes, proceed to question 2)
2. Do you make \$25,000 a year or less? (If yes, proceed to question 3)
3. Do you live in one of these 43 delivery zip codes? (if yes, proceed to next step)
4. Fill out our easy application form (Spanish/ English)- you can bring it to our offices at 330 Garden Oaks Blvd, or email it to Jody@kidsmealsinc.org
5. If you DO NOT live in a delivery zip code, but still meet other requirements, you can still apply and pick up your meals once a week. Just fill out and turn in the application.

Questions? Call 713-695-5437 M-F, 9-3 p.m.

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KidsMealsInc.org



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